



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 8am -11am		Selection of cereals, toast with jams, honey, or marmalade. Or a cooked breakfast of your choice. Fresh fruit juices, tea, coffee, or hot chocolate.					
Lunch 12:30pm	Homemade soup served every day. All lunches served with fresh vegetables, mash & special potato of the day						
Served with a glass of wine	Pork & bacon casserole - Vegetable korma with rice, poppadum's, and mango chutney (V) - Peach and honey crumble with ice cream	Poached cod in tomato sauce - Chinese vegetable stir fry with rice (V) - Banoffee Pie	Roast turkey & cranberry sauce - Vegetable stuffed mushroom (V) - Summer fruit sponge with custard	Lasagne & garlic bread - Cheesy crumb topped cauliflower (V) - Cherry lattice tart with custard/ice cream	Homemade cod and chips - Sweet potato fritters in a tomato sauce (V) - Strawberry pavlova	Chef Special - (V)	Roast lamb & mint sauce - Creamy mushroom on a crouton (V) - Fresh fruit salad & cream
Dinner 5pm	Ham, egg mayo and tuna mayo sandwiches with mixed salad Jelly, frozen mousse, and ice cream available						
Served with a glass of wine	Chicken goujons with garlic mayo dip & salad - Fruit trifle	Egg mayo Salad - Baked lemon cheesecake & cream	Homemade sausage roll with beans & salad - Strawberry cream gateau	Summer pizza & salad - Mixed fruit frozen mousse	Homemade turkey and ham pie & salad - Triple chocolate ice cream	Chef Special -	Pate on toast or crackers with a side salad - Warm peach cake with Ice cream